



Back Injury Prevention

PRISM
Risk Control
Presents

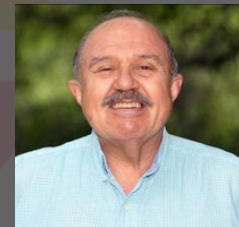
Wednesday, April 10
9:00 a.m. - 10:30 a.m.
FREE to PRISM Members
Class presented via Zoom
Session will NOT be recorded

Need More Info or Help?

We hope you can join us, feel free to
contact Doug McGill for more details.
Phone: 916-850-7300

Email: dmcgill@prismrisk.gov

This class gives the employee a holistic approach to back injury prevention. It describes the causes of back pain, the types of back injuries, their symptoms, and the medical treatment required to treat the injury. Wellness, ergonomics, and proper body mechanics are discussed as effective control measures for preventing back injuries.



Instructor:
Juan Cajandig
Sr. Risk Control Specialist
CSP, CFPS, MAS, ARM

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