



BSCC/STC Certified Course Stress Management for Corrections Personnel

Course Information:

- BSCC / STC Certified, 5 hours
- Certification #04389236
- Course scheduled from 9 am - 3 pm
- Lunch will be provided
- Complimentary enrollment is open to law enforcement affiliated personnel

CLICK TO REGISTER:

Additional locations coming soon

The intent of the course is to:

- improve the law enforcement officer's ability to recognize stress factors;
- understand contributors of stress in an officer's life;
- combat the negative impacts of stress on the officer's wellbeing;
- and to utilize resources to reduce the long-term effects of stress on an officer.

Attendees will walk away with practical tools to deal with stress, the benefits of utilizing a Critical Incident Stress Management (CISM) program, and the benefits of utilizing a peer support program.