

# New Online POST Certified Course: Use of Force and De-escalation

**Take advantage of this online, no-cost, POST Certified Course.  
Funding provided by POST's Distance Learning Grant Program**

**Use of Force and De-escalation (DLGP)  
1353-49500-21-001-365**

**Course Description:  
(1 Hour, Self-Paced Online)**

- Designed to provide law enforcement officers the knowledge and strategies to safely bring volatile situations with persons in crisis to a non-violent conclusion.
- Provides assessment techniques allowing officers to recognize signs of crisis and potential underlying causes of crisis.
- Gain an awareness of individual behaviors and traits that enhance or hinder de-escalation efforts, and develop the ability to implement verbal and non-verbal de-escalation strategies, including self-control, when encountering a person in crisis.
- Become better equipped to evaluate how policing tactics impact the outcome of an interaction with a person in crisis.

**Make sure to  
have your  
POST ID  
ready when  
registering**

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